

**SOY PROTEIN
NUTRITION FACTS**

Serving Size: 1 Scoop (24g)
Servings per Container: About 38 servings

Amount Per Serving

Calories: 100
Calories from Fat: 10

		%Daily Value*
Total Fat	1g	2%
Saturated Fat	1g	3%
Sodium	100mg	4%
Total Carbohydrate	3g	1%
Sugars	1g †	
Protein	20g	40%

* Percent Daily Values are based on a 2000-calorie diet.

† Daily Value not established.

TYPICAL AMINO ACIDS PROFILE (g/100g of product) :

ESSENTIAL AMINO ACIDS

L-Leucine	7.3	L-Methionine	1.1
L-Isoleucine	4.3	L-Phenylalanine	4.4
L-Lysine	5.6	L-Threonine	3.4
L-Valine	4.3	L-Tryptonan	1.2

NON-ESSENTIAL AMINO ACIDS

L-Alanine	2.6	L-Glutamic Acid	15.7
L-Arginine	7.0	L-Histidine	2.3
L-Aspartic Acid	10.1	L-Serine	4.7
L-Cysteine	0.9	L-Tyrosine	3.3
L-Glycine	3.7	L-Proline	4.3

Ingredients: Soy protein, cocoa, natural and artificial flavors, ace-k, soy lecithin and sucralose.

Contains Soy.

Directions For Use: Mix one scoop Soy protein in 9 fl. oz. (266ml) water or your favorite juice. Consume 1-4 servings daily, or as recommended by your health care professional.