

Supplement Facts

Serving Size: 1 scoop (about 7g)

Servings per Container: 30

Amount per Serving		% DV*
Calories 5		
Vitamin A (as acetate)	720mcg RAE	80%
Vitamin C (as ascorbic acid)	1000mg	1110%
Calcium (as calcium carbonate and calcium phosphate)	47mg	4%
Vitamin D (as cholecalciferol)	26mcg	130%
Vitamin E (as D-alpha-tocopherol acetate)	22mg	150%
Thiamine (Vitamin B1 as thiamine mononitrate)	421mcg	35%
Riboflavin (Vitamin B2)	486mcg	40%
Niacin (Vitamin B3)	5mg	35%
Vitamin B6 (as pyridoxine hydrochloride)	720mcg	40%
Folic Acid (Vitamin B9)	965mcg DFE	240%
Vitamin B12 (as cyanocobalamin)	24mcg	1000%
Biotin (Vitamin B7)	44mcg	150%
Pantothenic acid (Vitamin B5) (as D-calcium pantothenate)	2mg	40%
Phosphorous (as calcium phosphate and magnesium phosphate)	73mg	6%
Magnesium (as magnesium phosphate)	54mg	15%
Zinc (as zinc chelate)	8mg	70%
Selenium (as L-Selenomethionine)	98mcg	180%
Manganese (as manganese ascorbic acid)	2mg	80%
Sodium Bicarbonate	170mg	8%
Potassium Bicarbonate	550mg	10%
Nutritional Yeast (<i>Saccharomyces cerevisiae</i>)	500mg	†
BioPerine® Black Pepper Extract	5mg	†

† %Daily Value not established

Other ingredients: Citric Acid, Silicon Dioxide, Natural and Artificial Flavors, Acesulfame Potassium, Sucralose, FD&C Yellow #6.