

Nutrition Facts

Serving Size: 1 Scoop (about 30g)

Servings per Container: about 30

Amount per Serving

Calories 120

Calories from Fat 10

% Daily Value*

Total Fat 1g 2%

Saturated Fat 0.5g 3%

Trans Fat 0g

Cholesterol 20mg 7%

Sodium 30mg 1%

Total Carbohydrates 2g 1%

Dietary Fiber 0g 0%

Sugars 1g

Protein 25g 50%

Vitamin A 2% • Vitamin C 0%

Calcium 20% • Iron 2%

* Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories:	2,000	2,500
Total Fat	Less than	65 g	80 g
Sat Fat	Less than	20 g	25 g
Cholesterol	Less than	300 mg	300 mg
Sodium	Less than	2,400 mg	2,400 mg
Total Carbohydrates		300 g	375 g
Dietary Fiber		25 g	30 g
Protein		50 g	65 g

Ingredients: Whey Protein Blend (Whey Protein Isolate, Whey Protein Concentrate, and Whey Peptides), Natural and Artificial Flavors, Sucralose, Acesulfame Potassium.

Contains Milk

Notice: Use this product as a food supplement only. Do not use for weight reduction.