

# Nutrition Facts

Serving Size: 1 Scoop (about 30g)

Servings per Container: about 80

Amount per Serving

**Calories** 120

**Calories from Fat** 10

% Daily Value\*

**Total Fat** 1g 2%

Saturated Fat 0.5g 3%

*Trans* Fat 0g

**Cholesterol** 20mg 7%

**Sodium** 30mg 1%

**Total Carbohydrates** 2g 1%

Dietary Fiber 0g 0%

Sugars 1g

**Protein** 25g 50%

Vitamin A 2% • Vitamin C 0%

Calcium 20% • Iron 2%

\* Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	<b>Calories:</b>	<b>2,000</b>	<b>2,500</b>
Total Fat	Less than	65 g	80 g
Sat Fat	Less than	20 g	25 g
Cholesterol	Less than	300 mg	300 mg
Sodium	Less than	2,400 mg	2,400 mg
Total Carbohydrates		300 g	375 g
Dietary Fiber		25 g	30 g
Protein		50 g	65 g

**Ingredients:** Whey Protein Blend (Whey Protein Isolate, Whey Protein Concentrate, and Whey Peptides), Natural and Artificial Flavors, Sucralose, Acesulfame Potassium.

**Contains Milk**

**Notice:** Use this product as a food supplement only. Do not use for weight reduction.