

## Flavored BCAA 12,000 Powder – Grape

Serving size: 1 scoop (about 7.6g)

60 servings

Amount per serving: Calories 5  
Carbohydrates <1g  
L-Leucine (USP) 3000 mg  
L-Valine (USP) 1500 mg  
L-Isoleucine (USP) 1500 mg

Other Ingredients: Citric Acid, Waxy Maize, Natural & Artificial Flavors, Grape Skin Extract (for color), Sucralose, and Acesulfame Potassium.

Directions: Mix one scoop (about 7.6 grams) with 6-8 ounces of water or your favorite cold beverage. For optimal use, take twice daily, once between meals and again immediately after your workout. For serious bodybuilders we recommend mixing two scoops.

**Warning:** If you have a medical condition or are using a prescription medicine, consult a health care professional before using this or any dietary supplement. If you are a competitive athlete, check with your sports association before using this product. Do not use this product if you are pregnant or nursing. Not recommended for use by those under the age of 18.

- Do not use if seal under cap is broken or missing
- Keep out of reach of children
- Protect from heat, light and moisture
- Store in a cool, dry place; 15 – 30° C (59-86° F)