

VITAMIN E

Serving Size: 1 Softgel

Servings Per Container: 100

Amount Per Serving:	% Daily Value
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Vitamin E: 400IU (as natural d-alpha tocopherol plus d-beta, d-gamma & d-delta tocopherols)	1333
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Other Ingredients: gelatin, glycerin, purified water, and soybean oil.

Contains Soy

Directions: As a dietary supplement, take one softgel daily or as recommended by a health care professional.