

# Nutrition Facts

Serving Size: 1 Scoop (about 40 g)

Servings per Container: about 34

## Amount per Serving

**Calories** 150

**Calories from Fat** 0

**% Daily Value\***

**Total Fat** 0 g

**Cholesterol** 10 mg 3%

**Sodium** 150 mg 6%

**Potassium** 194 mg 6%

**Total Carbohydrates** 2 g 1%

Total Sugars 1 g

**Protein** 33 g 66%

Calcium 16%

Iron 8%

Vitamin K 4%

Vitamin B12 14%

Phosphorous 10%

Magnesium 8%

Selenium 18%

Copper 2%

\* Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

**Calories:** **2,000** **2,500**

Total Fat Less than 65 g 80 g

Sat Fat Less than 20 g 25 g

Cholesterol Less than 300 mg 300 mg

Sodium Less than 2,400 mg 2,400 mg

Total Carbohydrates 300 g 375 g

Dietary Fiber 25 g 30 g

Protein 50 g 65 g

**Ingredients:** Hydrolyzed Whey Protein Isolate, Natural and Artificial Flavors, Sodium Chloride, Sucralose, Acesulfame Potassium, Xanthan Gum.

**Contains Milk and Soy**

**Notice:** Use this product as a food supplement only. Do not use for weight reduction.